



Date: Thursday, 14 September 2017

Time: 2.00 pm

Venue: Shrewsbury Room, Shirehall, Abbey Foregate, Shrewsbury, Shropshire,  
SY2 6ND

Contact: Karen Nixon, Committee Officer  
Tel: 01743 257720  
Email: [karen.nixon@shropshire.gov.uk](mailto:karen.nixon@shropshire.gov.uk)

## HEALTH AND WELLBEING BOARD

### 5 SYSTEM UPDATE (Pages 1 - 34)

Presentation/Slides given at meeting (Powerpoint).

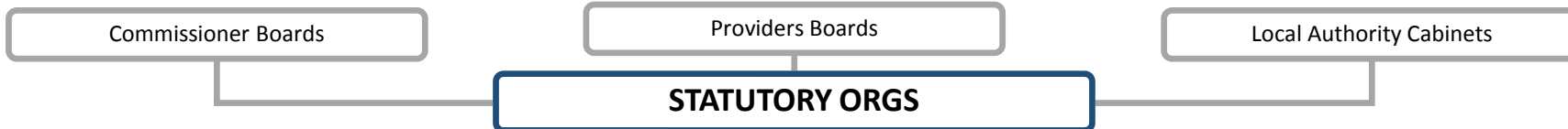
- a) STP Update, Phil Evans Director, STP Programme
- b) Future Fit update, Phil Evans Director STP
- c) Out of Hospital Programme, Julie Davies, Director Delivery & Performance, Shropshire CCG

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# Sustainability and Transformation Partnership



**STP Partnership Board**  
 STP Lead Simon Wright  
 Deputies Simon Freeman & Dave Evans

**STP Finance Group**  
 STP Executive Lead: Claire Skidmore  
 Deputy John Cooke

**STP Clinical Design Group**  
 STP Executive Lead: : Jo Leahy  
 Deputy Steve James

**STP Programme Delivery Group**

Page 2

**Acute & Specialist Board**  
 UEC, Elective, MSK

**Neighbourhood Board**  
 Primary Care, Mental Health, Community Resilience & Prevention, Social Services

**MSK**

**Future Fit**

**Shropshire**

**Telford & Wrekin**

**Powys**

Chief Officer Sponsor:  
 Executive Lead: Michael Whitworth

Chief Officer Sponsor: Dave Evans  
 Executive Lead: Debbie Vogler

Chief Officer Sponsor: Clive Wright  
 Executive Leads: Rod Thomson & Mel Duffy

Chief Officer Sponsor: Richard Partington  
 Executive Leads: Anna Hammond & Fran Beck

Chief Officer Sponsor: Alan Laurie  
 Powys Executive Lead: Andrew Evans & Jo Harding

**ENABLERS**

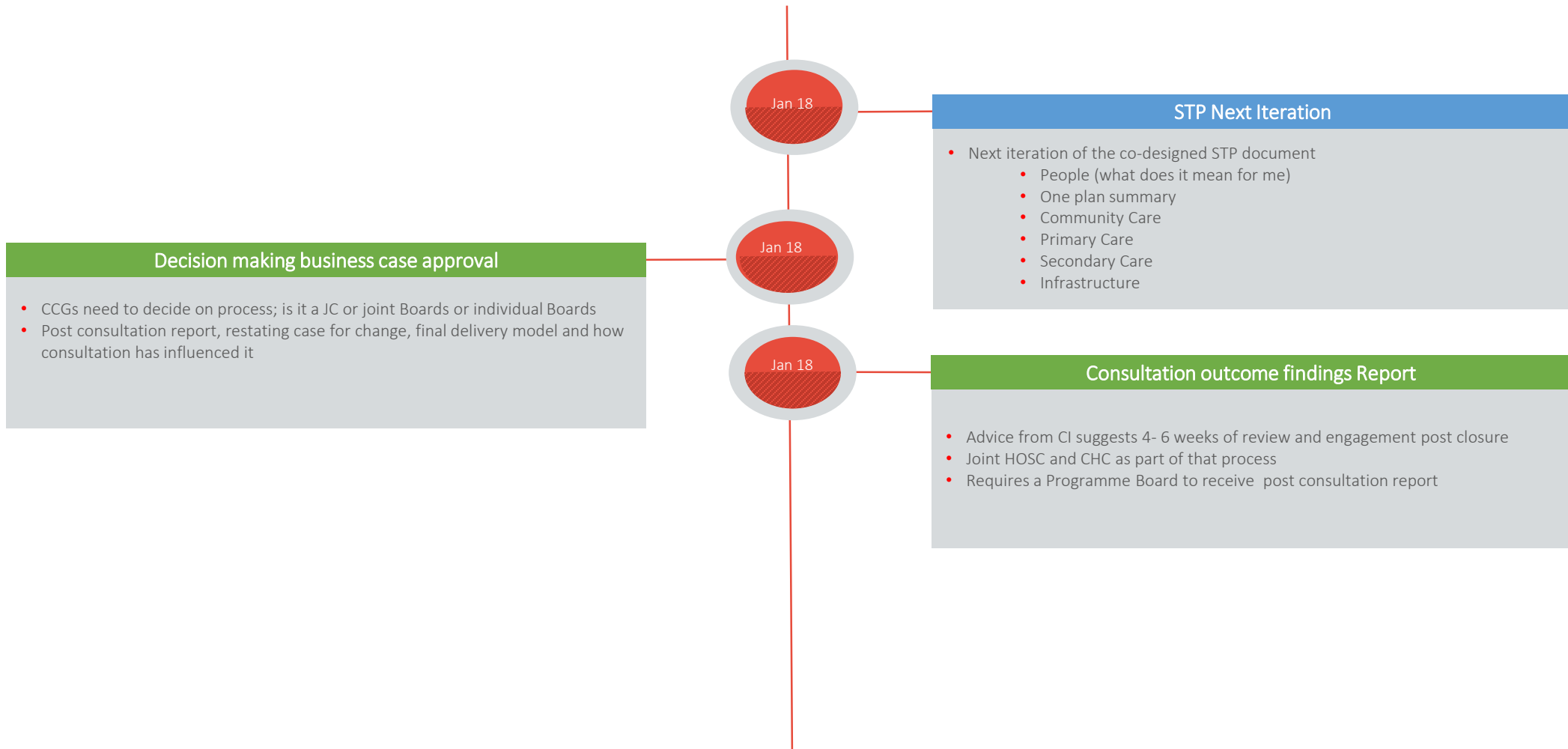
**IM&T/Data Sharing**  
 Chief Officer Sponsor: Neil Carr  
 Executive Lead: Steve James

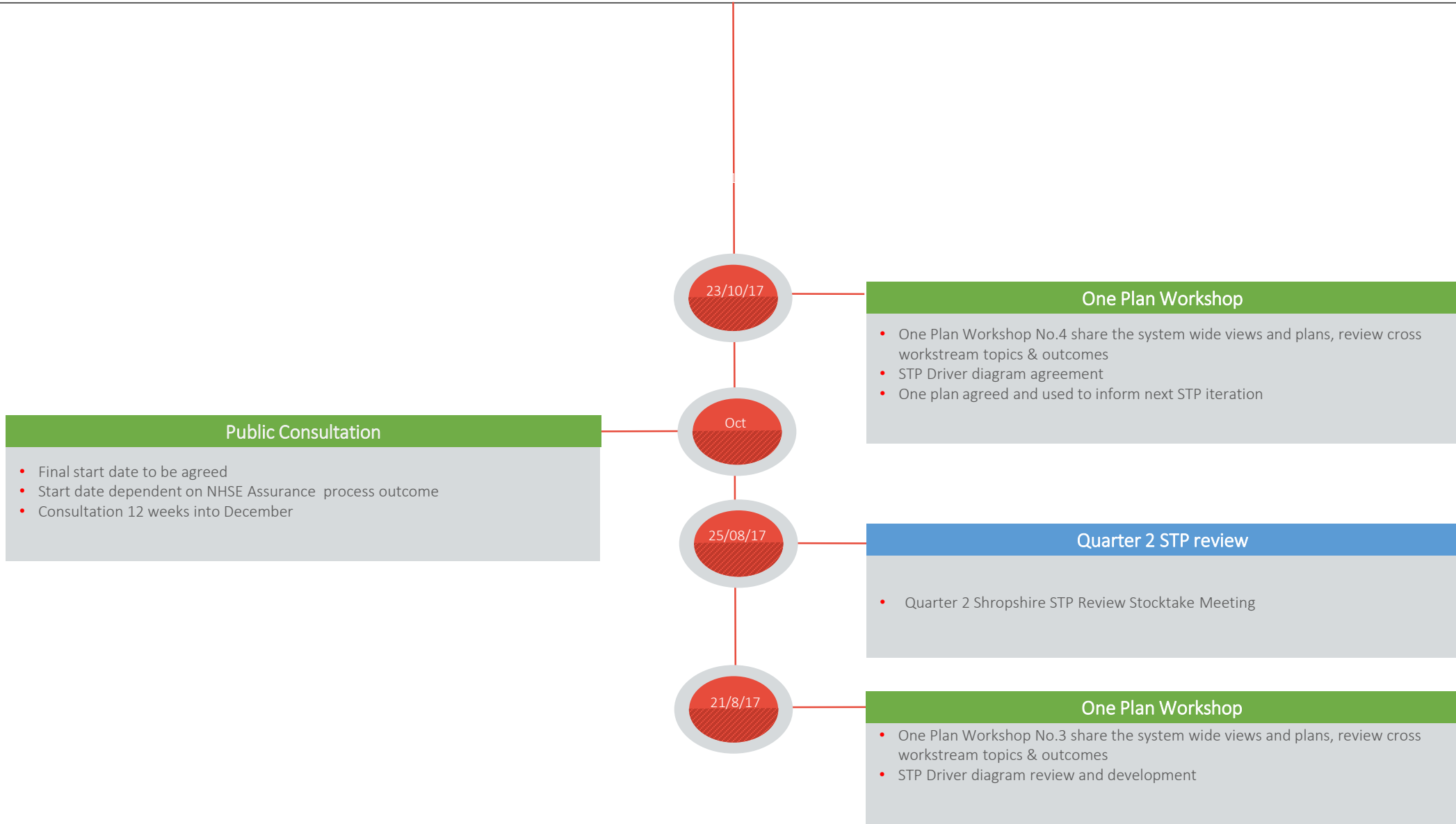
**Employment/Workforce/LETC/OD**  
 Chief Officer Sponsor: Jan Ditheridge  
 Executive Lead: Victoria Maher

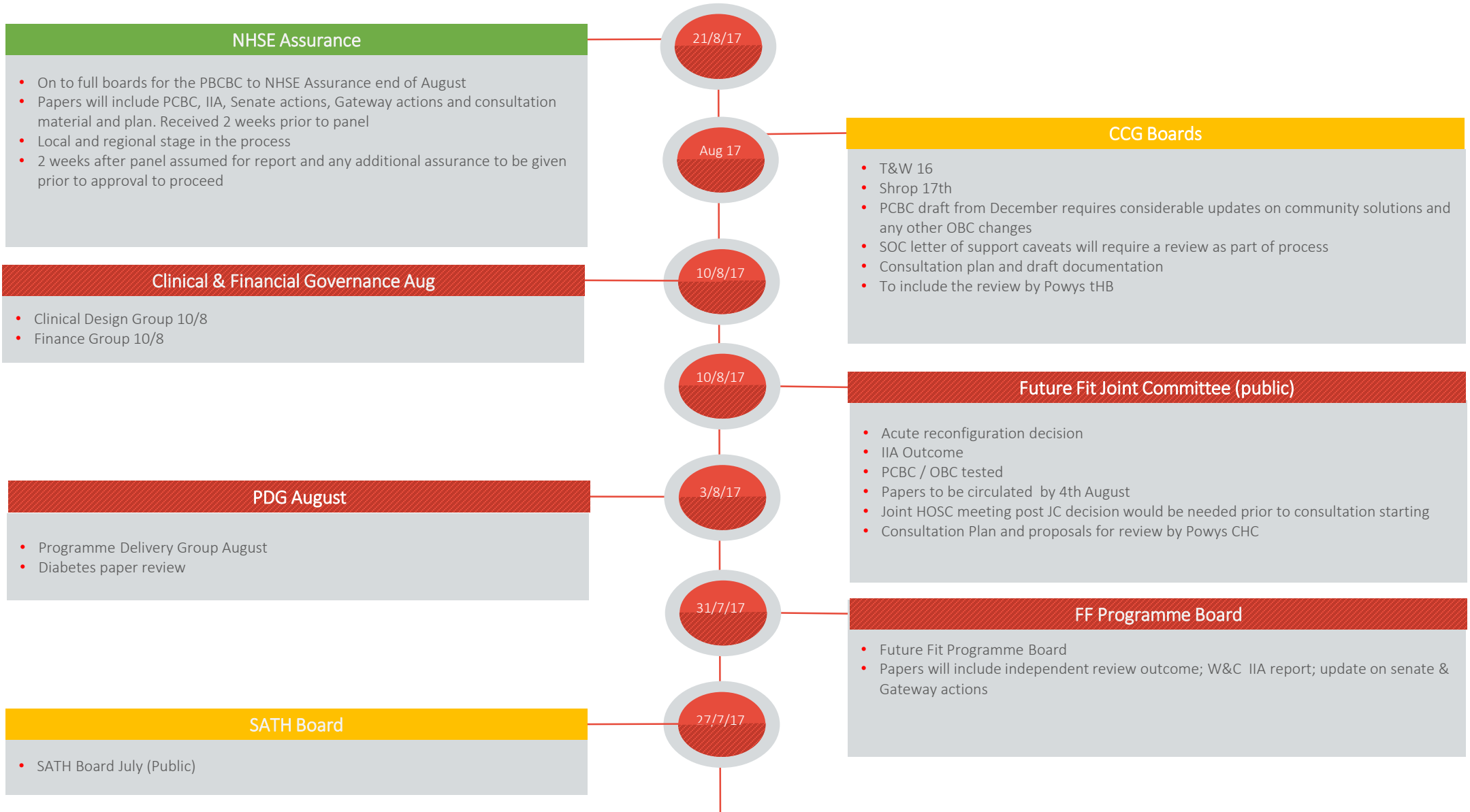
**Communications/Media/Citizens Panel**  
 Sponsor: Martin Evans  
 Executive Lead: Pam Schreier

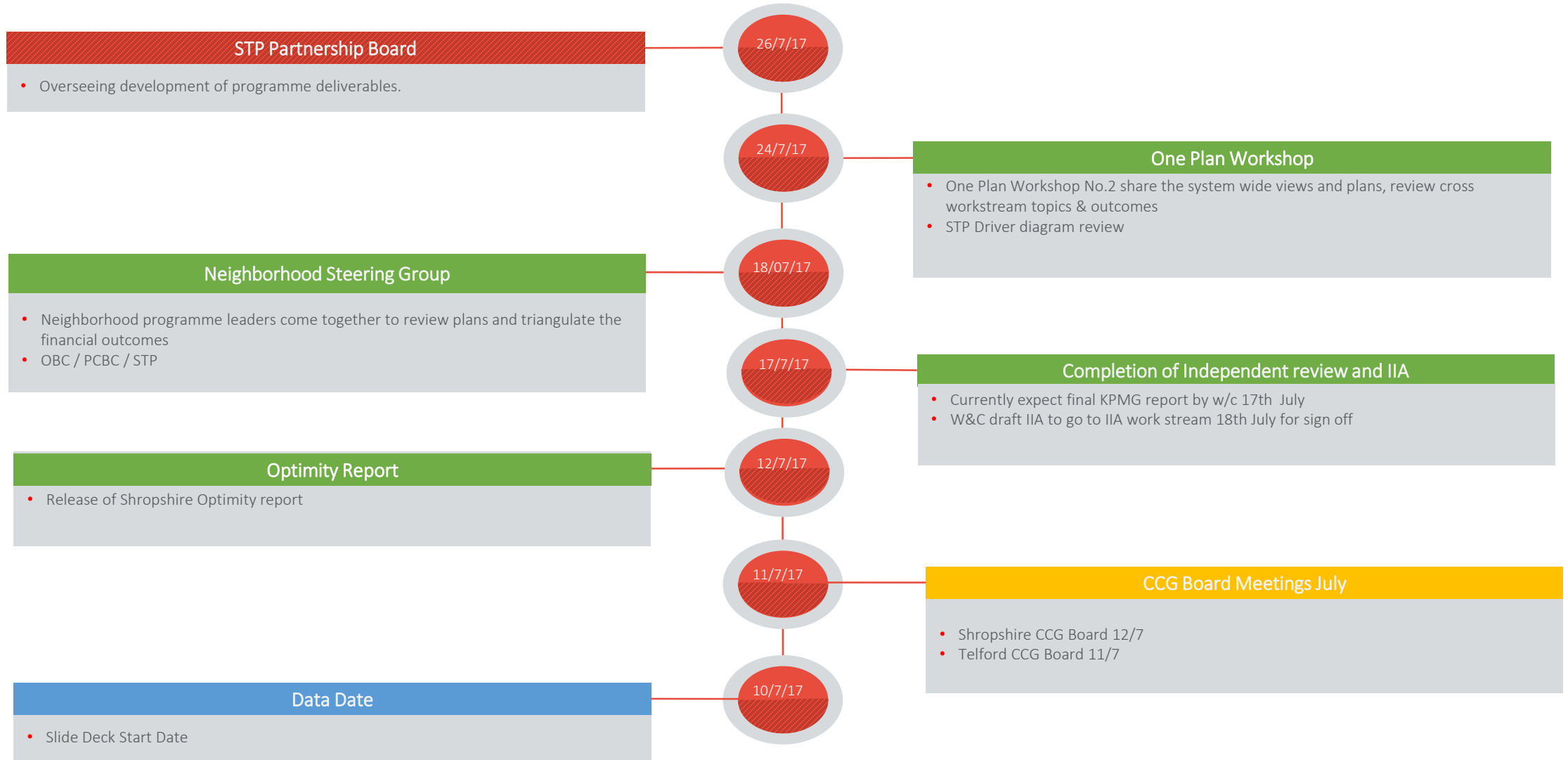
**Estates & Transport**  
 Chief Officer Sponsor: Clive Wright  
 Executive Lead: Robert Graves















## **Powys**

Two programmes of work

- Admission Avoidance
  - Enhanced management of long term conditions
  - Enhanced community diagnostic and treatment
- Reduced length of stay
  - Care transfer co-ordination
  - GP Led community resource teams
  - Enhanced rehabilitation (therapies)
  - Day care services (day case surgery and Outpatients)

Powys focus on Cluster Development Framework: Population based integrated health and social care model

- Start Well, Live Well, Age Well

## **Hereford and Wrekin**

Three programmes of work

- Community Resilience and Prevention
- Neighbourhood Teams
- Systematic speciality review & transfer of service to community

## **Shropshire**

Four main programmes of work

- Primary Care Development and GP Five Year Forward View
- Population Health Management
- Secondary Care Admission Avoidance
- Community Services Review
  - Lisa Wicks Commissioning & Redesign Lead is in post
  - Reviewed the 90 day plan submission 1 and mapping next steps to prioritise the projects to maximise impact on system flow.
  - Review the art of the possible for system flow.

# STP Neighbourhoods

Page 8

Fit & Well	Maximising Independence	Receiving Care	System Flow	Planned Care	
Population health management	Sustainable Communities	Frail older People & Long Term Conditions			New models of care for outpatients
Use of digital platforms and technology	Living made easy through technology	MSK			Diagnostics
Social prescribing	Prevention programmes – long term conditions, falls	Building the primary care offer including Clinical Pharmacists ,Physician Associates and Treatment Nurses			Early discharge planning
Investment in Prevention	CVD Risk	Dementia model			Reduced LOS
Health Checks	Falls	Community Hubs			Reablement Let’s talk sessions to aid discharge
Healthy Aging	Memory service	Integrated staffing models including Crisis Teams			Urgent Care Centres
Suicide prevention	Dementia Companions	Trusted assessor			Ophthalmology
Community PSI		Improved support to care homes			ENT
Networks/Innovators		Specialist provision (inc mental health)			Urology
Health & Wellbeing Centres		Triage & GP Nurse Triage			Theatre
		7 day services			Frailty Team at Front Door

Enablers : Risk identification, care navigation, care planning, single point of access, carer support/champions

Cross cutting themes: Workforce redesign, digital solutions, single care record, primary care development, estates, patient and public engagement

# STP Neighbourhoods – Shropshire

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# STP Neighbourhoods - Powys

Page 10

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Investment in Prevention	CVD Risk	Dementia model			Reduced LOS
Health Checks (Invest in your Health)	Falls	Community Hubs			Reablement Let's talk sessions to aid discharge
Healthy Aging	Memory service	Integrated staffing models including Crisis Teams			Urgent Care Centres
Suicide prevention	Dementia Companions	Trusted assessor			Ophthalmology
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Cross cutting themes: Workforce redesign, digital solutions, single care record, primary care development, estates, patient and public engagement

# STP Neighbourhoods – Telford

Fit & Well	Maximising Independence	Receiving Care	System Flow	Planned Care	
Population health management	Sustainable Communities	Frail older People & Long Term Conditions			New models of care for outpatients
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Social prescribing	Prevention programmes – long term conditions, falls	Building the primary care offer including Clinical Pharmacists ,Physician Associates and Treatment Nurses			Early discharge planning
Investment in Prevention	CVD Risk	Dementia model			Reduced LOS
Health Checks	Falls	Community Hubs			Reablement Let's talk sessions to aid discharge
Healthy Aging	Memory service	Integrated staffing models including Crisis Teams			Urgent Care Centres
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Community PSI		Improved support to care homes			ENT
Networks/Innovators		Specialist provision (inc mental health)			Urology
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**ICS – Admission Avoidance / Shropshire** – Average 20 admission avoidance cases per week have been taken onto caseload.

- ICS are fully engaged and participating in the **front door Frailty Team in RSH launched 4th September**.
- Early Supported Discharge / Shropshire – Average of 53 patients per week vs target of 45 discharges per week.

**Rapid Response - Admission Avoidance/ Telford** – Average 15 admission avoidance cases per week have been taken onto caseload.

- Team will start to build relationships with Care Homes within Telford that have a high number of unplanned admissions and A&E attendances. This is in anticipation of the Care Home MDT that should be in post by December.

**Enablement – Early Supported Discharge / Telford** – Average of 23.5 cases have been taken onto caseload following discharge from hospital.

- Community Matron in PRH Reviews patients with inpatient staff and in A&E to identify the correct pathway from a community perspective. This is mainly converting patients from a pathway 2 to a pathway 1 bed.

**Domiciliary care** – Demand has reduced for supporting discharges but use rehab techs to support with admission avoidance cases.

**DTOC** – Steady improvement reducing delayed transfers of care in community hospitals meeting the recovery plan to achieve 3.5% in September.

**Length of Stay Community Hospitals** - Reduction to 15.6 days in July. Refresh of SAFER on wards.

**Bishops Castle** – testing new model of care GP practice + ICS + community hospital staff – early signs very encouraging, GP, staff and patient feedback very positive – avoiding admissions and reducing LoS.



## All workstreams are currently focused on 3 key products

1. The narrative that describes the out of hospital/community landscape for the future that will be part of the Outline Business Case (OBC) and also the next Sustainability and Transformation Programme (STP) submission.
2. The solutions for all the neighbourhoods are currently being amalgamated and the executive leads are working with the finance teams to produce a plan with financial assumptions aligned to each of the solutions.
3. Each Neighbourhood (along with all the workstreams) are producing a high level plan of their programmes, including overarching objectives and detail around delivery dates to support the production of one co-designed STP Plan.

For the first time the system will have one joined up plan that everyone will have sight of. People will have sight of the system wide meetings enabling the shared learning and the conversations around the interdependencies.



The Acute workstream comprises of two programmes of work:

1. FutureFit – Acute reconfiguration of services
2. Review of Musculoskeletal Services
  - Commissioning Perspective
  - Provider Perspective

Future Fit has three reviews that it currently needs to complete:

1. Integrated Impact Assessment – Focused on Women's and Children's services, it is an eight week programme of work concluding at the end of July
2. Independent Review
3. Maternity services review – Midwife Led Unit/NHSE Avoidable bay deaths

MSK

The team are working to bring these two programmes of work together and run a system wide approach the MSK



# **future**fit

Shaping healthcare together





- Restate case for change
- Programme Progress to date
- Outline options and preferred option
- Programme next steps
- Pre consultation Business Case
- Programme timescales
- Patient and public involvement & Consultation plan



- Workforce challenges
  - Recruitment challenges across a number of specialties due to poor employee experience related to duplication of services across 2 sites
  - High levels of locum cover
  - Staffing levels do not meet recommended levels for A&E, critical care and emergency medicine
  - Unable to staff 24/7 A&E Consultant cover on both sites
- Change in the populations profile; 25% of Shropshire will be over 70yrs old by 2036 significantly higher than national profile (29% Powys)
- Duplication of services across 2 sites leading to economic challenges
- Unable to progress clinical standards and developments in medical technology
- The quality of the patient facilities and the Trust's estate



- Improved A&E waiting times; >98% seen and treated in 2hrs
  - *improved patient experience and timely diagnosis and treatment*
- Access to senior decision makers, enhanced ambulatory emergency care- seen, diagnosed and discharged same day -
  - *Unnecessary hospital admissions avoided*
- 7 day working , reducing LoS and delayed transfers of care
  - *fewer internal patient transfers and outliers improving experience*
  - *improved adjusted rates of mortality, emergency readmission rates and less decompensation in frail older people*
- Separation of elective and emergency flows
  - *reduced cancelled operations, lower LoS with lower infection rates and other clinical complications and improved patient experience*
- Well-designed appropriate capacity and physical settings
  - *role in safer hospitals, promoting more healing for patients and improved patient experience*



Milestone	Timeline for completion
Programme Board met to receive the Independent review of the option appraisal process and the further impact assessment work	<b>31<sup>st</sup> July 2017</b>
CCG Board Joint Decision Making Committee approved Option B and Option C for consultation with Option C1 as preferred option	<b>10 Aug 2017</b>
CCG Boards received the draft Pre Consultation Business Case	<b>15/16 Aug 2017</b>
Submission of PCBC and other assurance to NHSE	<b>21<sup>st</sup> August 2017</b>
NHSE strategic sense check Panel	<b>30 Aug 2017</b>
CCG Boards approve PCBC and draft consultation documentation	<b>12<sup>th</sup> /13<sup>th</sup> September 2017</b>



**Emergency Care site is**  
Royal Shrewsbury Hospital, Shrewsbury

**Planned Care site is**  
Princess Royal Hospital, Telford

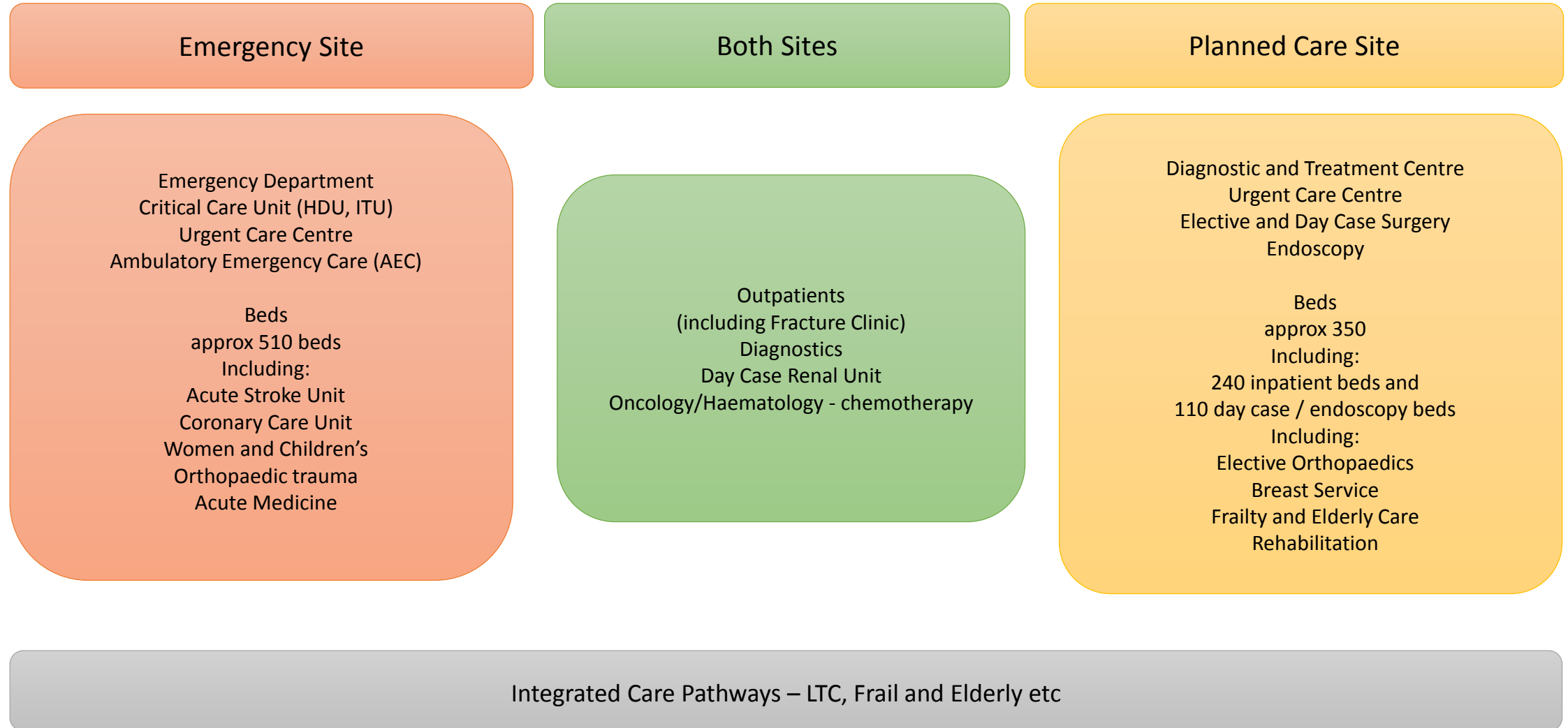
**At the Royal Shrewsbury Hospital**  
24-hour Emergency Department (ED)  
Critical Care Unit  
Ambulatory Emergency Care Unit (AEC)  
Emergency surgery and medicine  
Complex planned surgery  
Women and children's consultant-led inpatient services

**At the Princess Royal Hospital:**  
Planned inpatient surgery  
Day case surgery  
Endoscopy  
Breast inpatient services  
Medical wards

**At both hospitals:**  
24-hour Urgent Care Centre  
Adult and children's outpatient services  
Day Case Renal Unit  
Diagnostic services (tests)  
Midwife-led unit  
Antenatal Day Assessment Unit  
Early Pregnancy Assessment Service (EPAS)  
Maternity outpatients and scanning

We will retain and invest in two vibrant hospitals with consolidation of Emergency care on one site and Planned care on the other

Almost 80% of patients will continue to receive their emergency and urgent care at the same site they do now





- **Address the issues set out at the NHSE assurance Strategic Sense Check**
- Pre Consultation Business Case and Consultation Plan to CCG Boards 12<sup>th</sup> and 13<sup>th</sup> September
- Powys CHC Meeting 12<sup>th</sup> September to receive consultation plans
- Joint HOSC Meeting tbc September to receive consultation plans
- **NHSE Stage 2 Assurance checkpoint 2<sup>nd</sup> October**
- Public Consultation begins October 2017-January 2018
- Consultation response analysis and report preparation 4-6 weeks
- **Decision Making Business Case to Governing Bodies by March 2018**
- Full Business Case approval late 2018 (tbc)





- Part of NHSE Assurance process submission 15<sup>th</sup> September
- Needs approval by the CCG Boards
- Make the case for change and sets out the options being considered and the preferred option
- Describe the future model of care and how its been developed

Makes the financial and clinical case to commence to public consultation

Outlines how the proposals meet the Four DH mandated tests for service reconfiguration:

- Strong Public and patient Engagement
- A clear clinical evidence base
- Consistency with current and proposed need for patient choice
- Support from clinical commissioners



Milestone	Timeline for completion
CCG Boards receive the draft Pre Consultation Business Case and consultation documents for approval	12/13 Sept 2017
Powys CHC Meeting to receive draft consultation documentation	12 <sup>th</sup> September 2017
Joint HOSC Meeting to receive consultation documents and plan	September 2017
NHSE Stage 2 Assurance Panel	2 <sup>nd</sup> October 2017
Shropshire/Telford & Wrekin CCG formal public consultation period	Oct – Jan 2018
Consultation findings and recommendations report received by CCG s	Feb/March 2018
Decision making business case for approval by CCGs	February / March 2018
FBC	2018 TBC



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## Patient and Public Involvement



### Engagement

**Presentations/networking with:**

- Patient groups
- Powys Teaching Health Board
- Health and social care networks
- Local Joint Councils
- Young health champions
- Senior citizens forums
- Parish Councils
- Cabinet / members
- Health and Wellbeing Board

**Pop up stands**

- 68 events
- 38 locations
- 203 x direct feedback
- Increased brand awareness
- Positive workforce engagement
- 500+ people added to the mailing list

**Consultation preparation**

- process established to consult stakeholders on consultation methods
- consultation survey preparation
- consulting with Consultation Institute on best practice and legal guidance

**Deliberative events**

- 10 events in six locations
- 300+ participants

### Stakeholder management

- Fortnightly flash report to senior managers issued
- Regular group and one-to-one briefings
- Parliamentary/Cabinet briefings
- Programme bulletin / Newsletter
- Internal briefings ahead of key news
- Political profiling

### Media

- 250+ media enquiries handled
- 53 press releases issued
- 30 rebuttals from the media groups
- Regular media monitoring
- Regular media briefs
- Media training delivered to senior professionals
- Several case studies created and published

### Strategic Communication

- Representation at Programme Board
- Key messaging framework
- Brand positioning
- Bid writing, procured funds
- Report writing
- Pre-board briefings

### Internal Communication

- Monthly workforce briefings at Telford & Wrekin and Shropshire CCG's.
- Regular briefings at PRH/RSH
- Workforce engagement during pop up stands
- 10 SOC specific pop up stands to date

**Media messaging**

- Four sessions conducted – Telford and Shropshire

### Digital

**Website**

- Website established Dec 2013
- 13,717 visits to date
- 70.3% visits as a result of twitter hits

**Blogs**

- 13 blogs on key themes – travel times, long term conditions, clinical design report summary and programme of change

**Twitter**

- Twitter established in July 2014
- 1024 followers
- 1367 tweets sent
- Average monthly reach over 10,000 accounts

**Facebook**

- Facebook launched in Mar 2016
- 1077 page likes
- Average weekly reach of 4000 people

**Social Sign In**

- Run pre-scheduled twitter campaigns
- 75 pop up stand campaign posts
- 274 clicks to NHS Future Fit website
- 234.2k total potential reach
- 148 re-tweets/shares
- 32 likes

**Animation video**

- Viewed 9000+ times

### Administration

- Workstream governance
- Planning and presentations
- Archiving and evidencing activity
- Continual updating of activity plans
- Financial reporting and management
- Support and advice - The Consultation Institute
- Benchmarking
- Facilitating external meetings

### Marketing

- Pull up banners, leaflets, clinical design summary, mailing list, comment cards etc
- Promotional items - plasters, hand sanitizer, pens
- Simple infographic and explanation of Urgent Care Centre services poster

**Equality and diversity monitoring**

- Supporting Integrated Impact Assessment
- Investigating gatekeepers to "hard to reach" groups
- Running and engaging with equality focus groups
- Legal and governance advice

**Contact lists**

- 1890 stakeholders now on mailing list

**Branding/Advertising**

- Series of adverts in local newspapers
- Shropshire Star reach 98,146 people
- Telford Journal reach 61,541 people

**2 x telephone surveys**

- Scientific data collection
- Telephone interviews with residents living in Shropshire (60%), Telford & Wrekin (31%) and East Powys (9%)
- Survey results include responses from approx 3000 people



- Integral to programme since 2013 and an ongoing process
- Healthwatch Shropshire, Healthwatch Telford and Wrekin and Powys CHC involved and engaged
- Pre consultation engagement has been considerable
  - Focus groups, pop up stand events, parish councils, smaller-scale public activities, online surveys, newsletters, telephone surveys and social media channels
  - Reaching seldom heard groups - meeting the needs of people with protected characteristics
- Reading groups fully involved in developing consultation documentation and plans



- Many services will remain on both hospital sites, e.g. urgent care/ outpatients/ diagnostics (tests)
- Some services now are only available at one of the two hospital sites, e.g. stroke at Telford
- Some patients now travel outside of county for specialist care, e.g. major trauma
- Almost 80% will continue to go to same site as they do now for emergency and urgent care
- The out of hospital care strategies being developed through neighbourhoods will support care closer to home and choice
- Some people will have to travel further under both options but priority is providing safe, high quality and sustainable services



- High level draft consultation plan and documents in circulation for comments
- Includes feedback from CCG execs and Governing Bodies and patient reading group
- Detailed consultation activity plan for 14-week consultation period in development, which will include:
  - Public Exhibition meetings, roadshows and meetings in public
  - Attending voluntary, community and social enterprise sector meetings
  - Channels to include: PR, advertising, social media, newsletters, partner channels, website



## Equalities Duties





- We're working with the Consultation Institute to ensure we meet our Public Sector Equality Duties
- We've held focus groups with seldom heard groups, including traveller communities, LGBT communities and people with drug and alcohol problems
- Two Integrated Impact Assessments, including Equality Impact Assessment
- Consultation documents will be translated into Welsh and available in EasyRead
- Consultation Institute will conduct a mid-point review to identify any gaps in engagement



- More than 225 events held since 2014
- Focus groups with seldom heard groups including:
  - People with drug and alcohol problems
  - Carers of people with long term drug and alcohol problems
  - Homeless
  - Mums and toddlers ( on line survey >800 responses as part of IIA))
  - Travellers
  - LGBT
- Two Integrated Impact Assessments including Equality Impact Assessments:
  - The projected positive health impacts are the most significant in all options.  
*“ clinical health benefits will apply to all patients however greater benefits will be seen to patients who are higher users of hospital services than the general population eg young children, young adults, older people, people with a disability, LGBT groups, BAME groups and people living in deprivation. ....it can be argued they would benefit from a disproportionately positive effect from the projected improvements in clinical effectiveness.”*
  - Equally groups would potentially experience a negative equality effect arising out of an impact on access to urgent and emergency care and obstetrics depending on the option



**Any questions?**

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